

Training with Hart – Training you can Trust!

LEVEL 3 AWARD IN FIRST AID AT WORK (RQF) (AWARD IN FIRST AID AT WORK AT SCQF LEVEL 6)



When your risk assessment identifies the need for an Emergency First Aider in the Workplace, this one-day training meets the requirements of the Health and Safety (First Aid) Regulations and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982. Learners will gain the knowledge and practical competence required to deal with a range of workplace first aid situations. This course is delivered in a fun and interactive way to meet all the learning needs of the attendees.

Training with Hart's trainers are qualified under NUCO and affiliated with FAA (First Aid Awards)

The qualification sits on the Regulated Qualifications Framework (RQF) and the Scottish Credit and Qualifications Framework (SCQF).



Course Duration: This course runs over 18 hours spread over at least 3 days. Ideally, the course should be run over three consecutive days, but were we have the flexibility to accommodate your specific needs, we can spread the training providing it is completed within 10 weeks of starting the course.

Course Syllabus:

- Legalities, responsibilities and reporting
- Heart attacks
- Dealing with an unresponsive casualty
- Eye injuries
- Fractures and spinal injuries
- Choking
- Control of bleeding
- Chest injuries
- Assessment of the situation
- Diabetes
- Shock (including Anaphylaxis)
- Asthma
- Head injuries
- Poisoning
- Sprains and strains
- Stroke
- Burns
- Epilepsy
- Resuscitation
- Bandaging

