

Training with Hart – Training you can Trust!

1-day Emergency First Aid at work – (level 3 RQF/level 6 SCQF)



“An individual could die within 3 to 4 minutes if their airway is blocked, an ambulance can take more than 8 minutes to arrive. Simple procedures such as opening the airway can save a life whilst waiting for emergency help to arrive. First aid saves lives!”

When your risk assessment identifies the need for an Emergency First Aider in the Workplace, this one-day training meets the requirements of the Health and Safety (First Aid) Regulations and the Health and Safety (First Aid) Regulations (Northern Ireland) 1982. Learners will gain the knowledge and practical competence required to deal with a range of workplace first aid situations. This course is delivered in a fun and interactive way to meet all the learning needs of the attendees.

Training with Hart’s trainers are qualified under NUCO and affiliated with FAA (First Aid Awards)

The FAA Award in Emergency First Aid at Work qualification is unit 1 of the three-day FAA Award in First Aid at Work qualification.

Learning outcomes EFAW:

- Understand the responsibilities of a first aider
- Be able to Assess an incident
- Be able to apply first aid to an unresponsive casualty
- Be able to provide first aid to a casualty who is choking
- Be able to provide first aid to a casualty with external bleeding
- Be able to provide first aid to a casualty who is in shock
- Know who to provide first aid to a casualty with minor injuries

