

Training with Hart – Training you can Trust!

Learning Disability Awareness

Around 1.5 million people in the UK have a learning disability.



Training with Hart's Learning Disability Awareness course aims to support staff to explore and understand the different types of learning disabilities they may encounter, as well as levels of severity of the learning disability. This course discusses the links between learning disability, autism, and ADHD. With a look at barriers to life for individuals and how to overcome them and the models of disabilities and why the social model ensures inclusion. This course will support staff to explore levels and types of support as well as methods of communicating and an overview of managing challenging behaviour.

Course Content:

- What is a Learning Disability
- Difference between learning disability and learning difficulty,
- Overview of how learning disabilities, autism and ADHD can overlap,
- Types of learning disability
- Barriers experienced by individuals with a learning disability.
- Supporting an individual with learning disabilities – including:
 - Communication
 - Managing behaviours that challenge us.
 - Positive risk-taking for empowerment for adults with learning disabilities,
- Learning disabilities protection legislation including capacity and consent.

