

“Dysphagia affects roughly one in 17 people.” - The World Gastroenterology Organisation (WGO)

This Dysphagia awareness course will give staff an in-depth awareness of dysphagia; It looks at the anatomy of the swallow function and how it works. It looks at how swallowing issues affect the individual and the issues this can cause. This course also explores the new International Dysphagia Diet Standardisation Initiative with staff and the changes this has implemented. This face to face and interactive course uses practical activities to get staff thinking about how to support individuals with eating and swallowing while promoting independence for the person. This is a must have course for any setting where dysphagia may occur.

Course Duration: **Half Day**

### Course Content:

- What is Dysphagia
- Dysphagia Statistics
- Anatomy, Physiology of the swallow Function
- Oral Dysphagia, Pharyngeal Dysphagia and Esophageal Dysphagia
- Causes, signs, symptoms, and potential Consequences of Dysphagia
- Gastroesophageal Reflux Disease (GERD)
- How Dysphagia is Diagnosed and Treatment options and support
- Key individuals involved with Dysphagia diagnosis and care
- Legal and Ethical Considerations to medication and how we administer medications
- How to care and support individuals with Dysphagia

